

### **Maia Szulik**

**Donor and Alumni Relations Intern**  
***Recent graduate, Elon University, Sociology***

Prevention Partners was my introduction into the world of public health. Before my internship, my knowledge of public health had come from my sociology courses during college. Now, I am much more aware of the different components that are involved in the field. Although I was only at Prevention Partners for three months, from the beginning, I was treated like a part of the team. As an intern working in donor and intern alumni relations, I saw with my own eyes the enormous efforts that Prevention Partners makes to ensure that intern alums and donors are always treated as part of the Prevention Partners extended family. I was able to gain experience in a successful nonprofit organization, and develop numerous valuable skills, while working with dedicated, passionate individuals. In conclusion, it is definitely safe to say that Prevention Partners practices what they preach, and I am lucky to have been able to experience this firsthand.



### **Caroline Bell**

**Donor and Alumni Relations Intern**  
***Undergraduate student, University of North Carolina at Chapel Hill, Psychology***



I had the wonderful experience to work with Prevention Partners during the spring of 2016. Serving as the Donor and Alumni Relations Intern, I was able to work alongside the Development Associate to facilitate and improve donor relations, specifically with intern alumni. This unique position opened the doors to meeting many people in different points in their public health careers.

While interning, I have learned many valuable skills and lessons. Not only have I improved my outreach and communications skills, but I have further developed my social media knowledge and understanding. From the tight-knit and welcoming staff, I felt supported in every project and overall, grew into a better person. If you are looking for a stimulating, encouraging, and fun place to work, consider Prevention Partners!

### **Allison Rogers**

#### **Strategic Coaching Intern**

***Undergraduate student, University of North Carolina at Chapel Hill, Psychology***

Prevention Partners has given me an understanding of not only what a healthy workplace can do for employees, but what it's like to be a part of an organization that values workplace wellness. As the Strategic Coaching Intern, I had the chance to work on different campaigns' quarterly reports, as well as hear representatives from these organizations speak at Prevention Partners' events about their experiences integrating prevention. This gave me a holistic understanding of the work of Prevention Partners and the impact wellness in the workplace has on employee lives. In addition I experienced firsthand the benefits of a wellness culture, including in-office yoga with colleagues, Lunch and Learns, and fun office-wide wellness challenges. I'm so thankful for these experiences, as well as the opportunity to work with such a smart and inspiring group of people. While I'm sad my time is over, I am leaving more knowledgeable and passionate about public health and prevention.



### **Jenny Jing**

#### **Research and Evaluation Intern**

***Undergraduate student, University of North Carolina at Chapel Hill, Global Studies and Chemistry***



My experience at Prevention Partners has taught me a tremendous amount about how important public health infrastructure is for our society. By encouraging a culture of wellness, organizations and businesses are able to help their employees lead healthier and better lives while simultaneously reducing the healthcare costs. Further, I was able to conduct research that I was interested in and help create products that will directly be used by Prevention Partners' clients. My supervisor was extremely supportive by being understanding and flexible with all the projects I contributed to. She guided me through all the new things that I was exposed to, but allowed me the freedom to make decisions as I saw fit. My time at Prevention Partners was extremely positive, and I feel like I have made a difference in some way.

## **Sarah Boland**

**Donor and Corporate Relations Intern**

***Undergraduate student, University of North Carolina at Chapel Hill, Biophysics and Health Behavior***



At Prevention Partners, I finally found a place where I could explore my interests while also building concrete skills along the way. As a Donor and Corporate Relations intern, I organized my very first fundraising event and developed new interests in strategic planning. On the day to day basis, I was communicating with our donor network and making decisions about catering, invitations, etc. I felt empowered to take on these new challenges with the support of my supervisor and other team members. I am grateful for the opportunity to pursue my own learning experience in a thoughtful and meaningful way. Looking forward, I feel ready to take on new challenges in the public health field. Nowhere else will you find an experience like this.

## **Joey Current**

**Research and Evaluation Intern**

***Graduate Epidemiology student, Arnold School of Public Health, University of South Carolina***

I loved interning at Prevention Partners because it gave me an opportunity to take what I've learned in the classroom and apply it in a real-world setting. My mentor Amy was as passionate about teaching and guiding me as she was about the work Prevention Partners does for our community, and THAT is a rare thing to find in this industry today. I am so grateful for the opportunity to work in an environment with people who are supportive of my goals as well as willing to teach me industry practices. Prevention Partners not only served as a mentorship program, but also provided networking opportunities which are invaluable for young professionals starting their careers. Students need programs like this so they can learn corporate structure, inter-office communication, and how company policies work: something they can't learn in the classroom. Thank you so much for this opportunity!





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**2015-2016 academic year**

**Anika Hannan**

**Strategic Planning Intern**

***Undergraduate student, University of North Carolina at Chapel Hill, Public Policy and Global Studies***



I accepted the internship position at Prevention Partners without knowing anything about the project I was supposed to be working on. I had some experience and skills working with strategic planning but not to the extent that the internship required. However, through the support and patience of my supervisors, I was able to not only learn about the project and strategic planning but also build and improve on skills I never thought I'd gain. I felt that I was truly making a difference in the project with my supervisors' praise and consideration of my opinions and ideas.

From Prevention Partners, I learned how simple it can be to live a healthier life. The constant invites to participate in exercise videos, weekly emails about healthier eating tips, and office wide challenges that made living healthier a game instead of a chore were integral for changing my views on healthy behaviors. Thank you Prevention Partners, for raising the bar and positively changing my expectations.